

Spiritual Care Message with Prayer

Just a few words about prayer:

Many people pray, especially when in trouble!

For many people praying is therapeutic...like sharing your problems with someone else, especially sharing with a friend who cares about you. We feel better after sharing because we have unloaded our feelings...it is our 'feeling', our emotional level that is affected!

Who God listens to and whom He answers are both in His corner...HE IS GOD AND WE ARE NOT. I have nothing to say about this...it is His call!

When we first start praying, it is quite usual to stumble with thoughts and words, wanting to do it right...wanting to know God is listening and wanting answers.

As we grow in spiritual understanding, we grow in the matter of prayer. We come into realizing that this seems important to God, and He is the One who teaches us prayer principles and prayer practices, etc. Lots of changes take place as we change in our views of God, ourselves, the world around us and others. This is between God and ourselves.

We stop coming to God with a 'grocery list' we've made out, because His Holy Spirit is changing us on the inside and the CHANGE IS AWESOME. We have desires planted by His Spirit in our inner person to pray according to His teaching, to pray with the mind and heart of God, to co-labor with Him in His prayers...as per His desire...remember He asked His disciples, "Could you not watch and pray with me during this time?"

My Simple Prayer

My heart is in your hand, O Lord,

Thank you for holding it there.

Thank you for giving life to me

For hearing my deepest prayer.

May every moment, day and hour

Hold me steady in your mighty power.

To follow You is my guiding thought,

To know your Word, as Spirit taught.

My simple prayer.

(1e/July 2023)