



Isaiah 41:10

Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victoriously right hand.

Father God, this is one of the most wonderful promises in your Word. It is wonderful for all of us at all ages. It is especially wonderful for me, now that I am old and my body is weaker and I am unable to do things for myself that were once easy to do. Thank you for your right hand that holds me up. Thank you for being with me and telling me I do not need to be afraid. I am often tempted to be afraid since things are no longer in my control. I am grateful for your help and need it day and night. Thank you that you are my God.

I thank you, dear God. Amen.

