



## **I Thessalonians 5:16-18**

**Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.**

**Father God, sometimes I find it hard to rejoice because I am not happy with different things in my life. I am not pleased in my circumstances many times. Please work in my heart and mind so that I accept what is God's will for me. In this verse, you say to rejoice always and pray continually... I am praying continually so I can someday rejoice. I have a list of things about which I worry and fret and regret and wish for and miss...so my prayer is that you change my heart. Amen.**

