



Isaiah 40:31

But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Father God, what promise is this! And it's for all ages. The Bible says that even youths can grow weary. But our confidence and trust is in you, Lord, and we look to you in weary days, when we have overworked and crowded too much in one day. We also know that some things come we have not crowded in, but are sent by our Father because help is needed and He intends to supply that help through us. Lord Jesus, help me to trust you to meet every need I have everyday, and simply to move with you. The Apostle Paul knew about this. It's why he said he could do all things through Christ. Help me, Lord, not to complain, but to stop and pray...stop more often on busy days when others want our time and attention. You are the one who enables us to soar in flight, and to walk and not be faint. My prayer to you, Lord...may it be so. Amen.

