

## *Spiritual Care Message with Prayer*

*I have been a Bible person since I was 27 and I am now 90, so by this time, I have many favorite scriptures, some for special reasons. I remember when I first began reading the Bible, I never knew where to find answers to my many questions and had no one at hand I could ask, so I would sit at the dining room table, learning how to use a concordance or a commentary. What happened the way I did it was that I would discover more things to look up, and it became a really wonderful experience to know what the Bible said about everything.*

*As a new Christian I knew almost nothing, and when I found something special, I told everyone I knew about it, assuming everyone was as ignorant as myself about God and Jesus and life in general. I started in the book of Isaiah because I found a Scripture there that told me not to fear because God was with me and would never leave me. Well, let me tell you that became my favorite verse from day 1 because I was afraid of everything I couldn't control...control life and people, that was the big personal drive, control so I could have my own way.*

*But over time, God helped me to get it together, to live life to the fullest and love the One who was helping me. I found my mind changing about everything in the world and in the Bible I found the reason for the change. He was making me over...now at 90, He is still working with me and making it relevant. I found God says what He means and means what He says...the Bible has helped me in so many ways...this month I just want to recommend it to you, in case you might be wondering why some of us think it is so great.*

*The Bible has helped me to know the One who walks life's paths with me...it has helped me make intelligent decisions, care for others more than myself...it has explained why certain things happen in our world and gives me directions where to find help and strength I don't have in myself...most of us as adults realize that many things in life we thought would make us happy, don't help at all, but God shows us what to do when this is part of life for us. The Bible really does have all the answers and God shows us how to find them. Spring was when I began my search...just wanted to suggest that Spring might be a good time for you...Lois Ewald*

**Prayer:** Father God, when I need to find the answers to life's questions, I am asking you to remind me that you have these answers and help me find them in the Bible. In finding these, help me to find You as my personal and caring and wise guide in my personal world and the bigger world. Be personal with me, I pray. Amen

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