

Spiritual Care Message with Prayer

Poets over the years have talked about March and its 'winds'...the 'ides of March'...and here in Indiana we handle it with different thoughts...the chief one being that it is a prelude to Spring! We comfort ourselves with that hopeful thought. One added thought I have about wind that comes to mind is a different kind...*the winds of change*. Over the past two years or so, all of us have experienced lots of changes in every part of life. For some it has been chaotic and personal in some families and homes...and nursing homes have not been exempt. In fact, sometimes they have been in the forefront of change, which affects both residents and staff. There are many Scriptures God has given to sustain us and give us peace in the midst of changes that involve our personal lives. I'm only sharing two in this short writing but if you want to see more, just google 'Change' in the Scriptures...God knew we would need to hear from Him, our Creator/God and Best Friend!

Ecclesiastes 3:1 THERE IS A TIME FOR EVERYTHING, AND A SEASON FOR EVERY ACTIVITY UNDER THE HEAVENS.

James 1:17 EVERY GOOD AND PERFECT GIFT IS FROM ABOVE, COMING DOWN FROM THE FATHER OF THE HEAVENLY LIGHTS, WHO DOES NOT CHANGE.

***Prayer:** Father, we are thankful for some changes in our paths, those things that seem to make things better, as we measure. But there are changes we make not by choice or design, but often with dread and sometimes with fear and trembling, as we face the future. We pray for those who are part of our circles, those with whom we spend our days and nights, as we see their physical suffering, those who were once healthy and able...we also see and hear their fears concerning those they love from whom they feel separated. And in our own lives these recent years we have had changes in our personal worlds. Sometimes we feel you are far away and have forgotten us. Please help us to see you in the middle of these changes. Help us to feel your strength and give us hope and peace as we turn to you, the God of Hope. We give you thanks, Amen.*

(1e/Mar 2022)