



Psalm 18:6

In my distress I called to the Lord; I cried to my God for help. From His temple He heard my voice; my cry came before Him, into His ears.

Father God, reading this Scripture reminded me of some times in my life, in crises, in fear and trembling, I cried to you. There was more than one time and I am remembering some of these times. I am remembering them with praise and thanksgiving, Lord, to you again. Let me remember these while in this prayer time and give you thanks again. My cry, my fear, my tears came before you and you listened and heard and came to my rescue. Oh God, you are the God of distressed hearts...my own at times. Thank you, Father. Amen.

